



LOVING GOD WITH OUR:



HEAD



HEART



HANDS



10am Service

Mark will be preaching from Mark 8 v 34-38



5.30pm Café Church

Meeting in Oasis café for tea and cake, we explore the Bible, culture, creation and much more, and share communion once a month

“Making every moment count to see lives transformed by Jesus.”

Church News and Events

PRAYER MEETINGS



ONLINE PRAYER MEETINGS

(Zoom ID: 867 6889 0772 / Passcode: prayer)

Friday (Silent prayer)
8:30am



IN-PERSON PRAYER MEETINGS

Monday
9:00am - Link Lounge

Monday (2nd & 4th of each month)
9:30am - Oasis Hub prayer

Thursday
6:00pm - Prayer for Ukraine, Peace & Justice



GLOBAL OUTREACH PRAYER MEETINGS

ONLINE MEETINGS:

(Zoom ID 946 3324 2913 / Passcode: prayer)
Contact Rosemary Wall

Nick & Linda Miller
7:00pm - 1st Monday of each month

IN-PERSON MEETINGS:

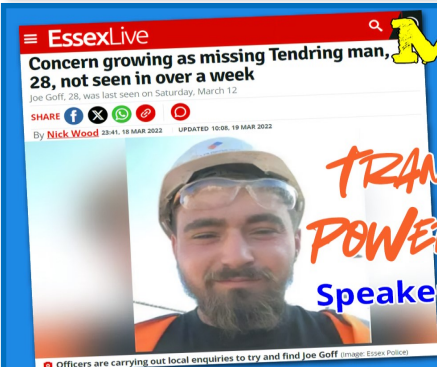
Anna Houghton
2:30pm - 1st Friday of each month
Contact Geoff Thorington-Hassell



AVAILABLE NOW!



LOVING GOD WITH OUR HEAD, HEART & HANDS



MEN'S BREAKFAST

**THE
TRANSFORMING
POWER OF FAITH**
Speaker: Joe Goff

Sat 13th Sept 2025
8:30am - 10:00am
Frinton Free Church

BACON ROLL EVENT

**No need to book,
just turn up!**



Would you like to find out about joining the
Dementia Café team and/or supporting
people living with dementia?

You are invited to some team training at 2pm
on Tuesday 19th September in Oasis.

Please contact Lesley Sinca for more details.

Church News and Events

You're Invited

NEW TO THE FREE LUNCH

Sunday 21st September
www.mynextstep.church
office@frintonfree.com

If you're new to our church come & enjoy lunch & meet some of the team



Free Concert at the Free

ORGAN CONCERT WITH IAN HARRISON

Wednesday 24th Sept | 10am
Frinton Free Church

All Welcome

the free FRINTON

Grief is hard.
Death can impact all of life.

the free FRINTON

The Bereavement
Journey
a place to talk

7 Sessions of
films & discussions
for anyone bereaved *anytime*

COURSE DETAILS

Monday 6th October
1:30 - 3:30pm

at Frinton Free Church
Suggested Donation: £10
(for materials)

TO SIGN UP:

www.mynextstep.church
or the Church Office 01255 679585

SAT 11TH OCT

10AM ~ 4PM

AT the free FRINTON

Biglife/

WITH **PETER DUNN**

To Register:

www.mynextstep.church or the Church Office 01255 679585

A day's training giving us practical ways to live as disciples, share our faith, and form disciple-making groups. Together, we'll learn how to follow Jesus faithfully and live a big life that inspires others to do the same.

New Testament

in a...



OUR 5 WEEK WALK THROUGH THE BIBLE COURSE LOOKING AT THE NEW TESTAMENT STARTS ON THE **15th OCTOBER.**

FOR MORE INFO:
www.mynextstep.church

Church Family News

Family news....please pray for:

- **Ron King** now in Little Holland Hall care home.
- **Margaret Ochiltree** recovering at home.
- **Bill Bates** recovering from surgery.
- **Chrissie Brooks** who is travelling back from Zimbabwe with torn ligaments in her foot.
- **Josh Baines, Lynda Blanchin, Rev. Claire Blatchford, Rev. Gary Bott, Cookie Strickland, Malcolm Sumption and Malcolm Williamson** all receiving treatment for various forms of cancer.

The Art & Craft Workshop will be recommencing fortnightly from Monday 8th September 2 - 4pm, Come and join us!



Our Parent and Toddler group, **Jelly Tots**, will be starting back on Friday 12th September. Sessions run 9:15am to 10:30am and 10:45am-12noon.

HARVEST OFFERING

28TH SEPTEMBER

ONCE AGAIN WE WILL BE SUPPORTING OUR LOCAL FOODBANK AND OUR FINANCIAL OFFERING WILL BE GOING TO TOOLS WITH A MISSION AND TENDRING TOOL REFURB



If you would like to contribute to the hall building project you can give by cheque or directly to the church bank account using reference:

**'Building Project', Lloyds 30-99-50,
Frinton Free Church Account Account no. 37406968.**

Contact us: Frinton Free Church, Connaught Avenue, Frinton, Essex, CO13 9PW T: 01255 679585 / E: office@frintonfree.com
Charity Reg. No. 1193456 **Visit our website** www.frintonfree.com

Pastoral information, updates or concerns should be emailed to sheila.lane@frintonfree.com or reported to her via the Church Office. For urgent prayer please email prayer-chain@frintonfree.com

Recordings: Did you know you can now catch up with our services online? We livestream our sermons to our Youtube channel, www.frintonfree.com/youtube. You can listen to or download an audio of our sermons by visiting our website -

