



10am Gathering

As we start advent this week, we take time to share communion and testimonies together.



5.30pm Café Church

Meeting in Oasis café for tea and cake, we explore the Bible, culture, creation and much more, and share communion once a month.

**Remember, for all things Christmas, visit our new website:
www.astarisborn.church**

Church News and Events

PRAYER MEETINGS



ONLINE PRAYER MEETINGS

(Zoom ID: 867 6889 0772 / Passcode: prayer)

Friday (Silent prayer)
8:30am



IN-PERSON PRAYER MEETINGS

Monday
9:00am - Link Lounge

Monday (2nd & 4th of each month)
9:30am - Oasis Hub prayer

Thursday
6:00pm - Prayer for Ukraine, Peace & Justice



GLOBAL OUTREACH PRAYER MEETINGS

ONLINE MEETINGS:

(Zoom ID 946 3324 2913 / Passcode: prayer)
Contact Rosemary Wall

Nick & Linda Miller
7:00pm - 1st Monday of each month

IN-PERSON MEETINGS:

Anna Houghton
2:30pm - 1st Friday of each month
Contact Geoff Thorington-Hassell

FRINTON CHRISTMAS FESTIVAL

SATURDAY 6TH DECEMBER 4-8PM

Joy to the World

CAROLS AT CHRISTMAS TOUR

FRIDAY 12TH DECEMBER AT 7:00^{PM}

PER PERSON:	£5
FAMILY TICKET: (2 ADULTS + 2 CHILDREN)	£15

BOOK NOW:
www.frintonfree.com/bigsing

LAST FEW TICKETS REMAINING!

Church News and Events

Restored

BITTER
& *Sweet*



FRINTON-ON-SEA

Frinton Free Church, Connaught Avenue, Frinton-on-Sea, CO13 9PW

Sunday 14th December | 7pm

Book your tickets now at restored-uk.org/bitter-and-sweet




Family Christmas Carols

Sunday 14th December | 10am

*All ages will be together for this shorter,
fun and entertaining Christmas service.*

Come dressed as your favourite nativity characters!




Christmas at "The Barrel"

WED 17TH DEC | 7PM

*Carols at
"The Barrel"*

**A LIVE BAND, LOUD SINGING & BEER!
WHAT COULD BE BETTER?!**



Carols By Candlelight

Sunday 21st December | 4pm & 7pm

*Come and join us for our Christmas Carol Services,
with carols, bible readings and a Christmas
message. Hot refreshments and
mince pies will be served after both services.*

Church Family News

Family news....please pray for:

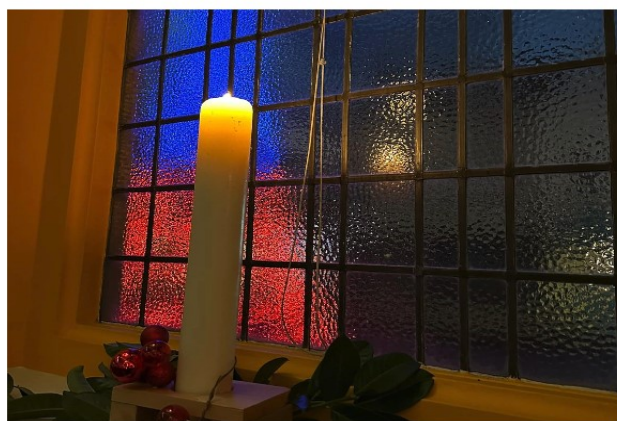
- **David Woods** having hip surgery on 5th December.
- **Anne Davis** in Queens Hospital.
- **Beryl Smith** now in Blenheim House.
- **Josh Baines, Lynda Blanchin, Rev. Gary Bott, Sandy Burnett, Alan Goodman, Beatrice Hind, Cookie Strickland and Malcolm Williamson** all receiving treatment for various forms of cancer.
- For details of church members living with long term health issues please see the Prayer Focus.

Sue Sumption and family would like to thank everyone for their support, love and cards on the passing of Malcolm. He was a real treasure and we miss him so much. The Thanksgiving Service is at Homelands on Wednesday 3rd December, 2pm. All are welcome.

Pier Avenue Baptist Church has a vacancy for a Part Time Parish Nurse. 16 hours per week, £18 per hour. For more information please contact: pabcminis-termichelle@outlook.com. Closing date 19th December 2025.



For Food Cycle's Christmas meal on 22 December, they would like to give each person a gift bag, and are asking for items specifically for men. Requested items: shaving gel, deodorant, gloves, socks, flannels/sponges, toothpaste, toothbrushes, aftershave, warm hats. If you can help, a donation box is located in the church reception (opposite the office). Donations close 14 December.



DECEMBER 21

CHRISTMAS FAMILY COMMUNION

Join us for a family christmas service with carols and communion. Led by FreeYouth, we'll be considering those who don't have the freedom to celebrate Christmas.

Frinton Free Church
Sunday 21st December at 10am

Contact us: Frinton Free Church, Connaught Avenue, Frinton, Essex, CO13 9PW T: 01255 679585 / E: office@frintonfree.com
Charity Reg. No. 1193456 **Visit our website** www.frintonfree.com

Pastoral information, updates or concerns should be emailed to sheila.lane@frintonfree.com or reported to her via the Church Office. For urgent prayer please email prayer-chain@frintonfree.com

Recordings: Did you know you can now catch up with our services online? We livestream our sermons to our Youtube channel, www.frintonfree.com/youtube. You can listen to or download an audio of our sermons by visiting our website -